**IRA INTERNATIONAL SCHOOL, BUTIBORI**

**DISPLAY OF ANNUAL PROJECT**

Ira International School observed its Annual Project Day in a splendid aura all over premises on recently. The day was organized with full zeal and potentiality by the vibrant students of Ira.

Right from Std. Ist to Std. VII students seemed all set to exhibit their caliber and diligence. And it all glared like sunshine in whatever presentation they exhibited. Std. I displayed projects under the title ‘Healthy Drinks’, ‘Ill Effects of Junk Food’, ‘World of Healthy Food’. The Tiny Tots emerged as excellent orators when they practically described about healthy drink, they explained how steaming, boiling and use of non-stick utensils would not spoil the nutrients in the food, also they emphasized very smartly the deteriorating ill effects of junk food.

Similarly IInd Std. kids too displayed and emphasized on ‘Good Eating Habits’, ‘Unhealthy Drinks’. Children gave excellent information suggesting balanced diet. Parents were informed by students the good effects of dry fruits and nuts, possible bad effects of soda etc. Parents looked in exultation admiring their off springs as such good orators.

Same way Std. III exhibited significance of ‘Natural Drinks’. They displayed numerous juices like beet root, bitter gourd, pudina, Tulsi and fruit juices along with PPT presentation.

Std. IV emerged with ‘Benefits of Exercise’ ‘Ill Effects of Lack of Exercise’. The students performed skipping, Zumba Dance, hooping exercise, cycling, hop scotch games. The view was evidently conveying warmth and zeal in the viewers muscles.

Students of Std. V were seen busy giving information on ‘Vegan Diet’. Different sources of protein, vitamins, minerals were displayed and students enthusiastically imparted their knowledge to the visitors. Std. VI displayed ‘Super food World’. Parents wondered when they saw students displaying ‘Cancer Fighting Super food’. They exhibited ‘Super food for Gym’ as well. Their “Super food Farming” received crowd’s appreciation. Another attraction was ‘Aerobics’. Students’ zeal was truly to be noteworthy here. They displayed themselves into Ring Exercise & Dance which increase flexibility in body, stretches heart, helps boost mind, decrease weight.

A section of Std. VII titled their Project as “Food Considered as Taboo”. Wonderful charts were made informing different parts and religions of India considering different food as taboo. Students also displayed their project on ‘Ill Effects of Medicinal Drugs’. They made parents aware of illegal and legal drugs, gave information on different types of drugs., bad impacts of drugs on heart, brain, lungs and kidney etc.

Students successfully proved their multifarious potential and with this Ira promoted the vivid aspirations of students. President of the school, Mrs. Rimple Lohia appreciated the students for putting up the exhibition successfully. Principal Mrs. Reena Dargan thanked the parents for attending the exhibition and encouraging the students.