PRESS NOTE

ORIENTATION BY MR. VIJAY PHANISKAR

On the very first day of the session, Ira International School was fortunate enough to listen to the magical words and practical teaching by Mr. Vijay Phansikar, Editor “TheHitavada”, Nagpur. Mr. Phansikar, at the outset reminded of the three Ds, Dignity, Decency, Decorum, Discipline, and how these three components work together. Mr. Phansikar said that many people do not love themselves , they are just obsessed with them selves . He opined, that we should love are selves and to do that we should open our heart talk to ourselves , talk about our selves and believe that we can do it and get it . Mr. Phansikar said that teachers should make students realise that he can do it if he loves himself. He spoke about Swami Vivekanand and Late Dr. APJ kalam who believed that Perfection is reflection of God with in our selves. One should try to stop distraction which causes failure, What we can not change we should accept it. We should be clear with our goal , this can be done by sitting in silence and meditating and talking to our selves and finding out what is our goal . Mr. Phansikar said short tempered people have unrealistic images, these people are obsessed with themselves and do not mind to hurt others to achieve their obsession. The magical words , Practical statements of Mr. Vijay Phansikar created an atmosphere where every individual present got engrossed and involved in absorbing his ideas.

Principal Mrs. Reena Dargan asked the teachers to embibe his ideas which will help them change them selves for their better growth as individuals . Vote of thanks was proposed by Mrs. Laura Azavedo.